



Packing List: Mallorca Deep Water Soloing & Climbing Camp [07/25–08/01/2026]

Hey there! To make sure you're perfectly prepared for our Deep Water Soloing & Climbing Camp in Mallorca, we recommend bringing the following items.

1. GENERAL, CLOTHING & BEACH

- ☐ **Summer Clothing:** T-shirts, tank tops, lightweight shorts, and dresses for warm days and cozy evenings.
- ☐ **2–3 Swimsuits / Boardshorts:** Definitely pack a few options so you always have a dry set ready.
- ☐ **Headwear:** A baseball cap, sun hat, or bucket hat for essential heat protection out on the cliffs.
- ☐ **Sunglasses & Sun Protection:** High-SPF sunscreen (SPF 30/50) and after-sun lotion for the evenings.
- ☐ **Sandals / Flip-Flops:** For the beach, pool, or hanging around the accommodation.
- ☐ **Toiletries & Hygiene Items:** Toothbrush, toothpaste, body wash, shampoo, and personal care products.

2. VALUABLES, DOCUMENTS & ELECTRONICS

- ☐ **Personal Items & Finances:** ID/passport, health insurance card, money (cash for small beach kiosks), and debit/credit cards.
- ☐ **Phone & Optional Camera:** To capture the best climbing and action shots on the cliffs.
- ☐ **Charging Cables & Power Bank:** Charger cords for all your devices. A portable power bank is incredibly useful for long days outside.
- ☐ **Travel First-Aid Kit & Blister Bandages:** Personal medications, pain relievers, bug spray, and plenty of bandages/tape for your fingers.



3. FOR ROPE KLETTERING (SPORT CLIMBING)

☐ **Climbing Shoes:** Your primary, well-broken-in pair for the rock.

If you have it*:

☐ **Climbing Harness**

☐ **Chalk Bag & Chalk:** A standard chalk bag with enough loose powder or a chalk block.

☐ **Climbing Helmet:** Standard safety gear for sport climbing to protect against rockfall.

☐ **Optional Climbing Rope & Quickdraws:** If you have them, feel free to bring them along (please coordinate with the team beforehand so we know who is packing what).

☐ **Belay Device:** Don't forget your assisted-braking device (e.g., GriGri) along with a matching locking carabiner!

*If you do not have equipment – see at the end

4. FOR DEEP WATER SOLOING (DWS)

☐ **2–3 Pairs of Climbing Shoes:** Ideally older pairs (even with holes in them). *Our recommendation:* 1–2 older pairs that can get permanently wet, and 1 newer pair for your harder burns/attempts.

☐ **1–2 Chalk Bags & Chalk:** Liquid chalk or fine-powder chalk works best. Liquid chalk dries faster on your skin and won't wash off completely the second you hit the ocean.

☐ **Swimwear & Cover-Up Shorts:** Swimsuits / boardshorts. *For the ladies:* We highly recommend wearing lightweight shorts over your bikini bottoms that can get wet. This protects against rough rock contact and when hitting the water during falls.

☐ **Microfiber Towel:** Extremely lightweight, barely takes up space, and dries super fast. Perfect for quickly drying your hands and feet before your next go.

☐ **Dry Bag (Waterproof Sack, 5–10L):** Highly recommended to keep your valuables, smartphone, and dry chalk safe and dry—especially if we are accessing spots by boat or swimming out.



5. MISCELLANEOUS & OUTDOOR GEAR

- ☐ **Approach Shoes:** Sturdy, high-traction shoes for the steep, rocky, and thorny approaches to the climbing sectors. Regular sneakers usually won't cut it.
- ☐ **Approach Backpack:** A comfortable backpack (approx. 20–40 liters) that fits all your climbing and DWS gear.
- ☐ **Small (Folding) Mat or Seat Cushion:** Perfect for sitting or lying down comfortably on the sharp, hard rocks during climbing breaks.
- ☐ **Small First-Aid Kit & Climbing Tape:** For minor scrapes or cuts from the rock. *(Of course, we will have a large, fully stocked camp first-aid kit on-site!)*

💡 **DWS Pro-Tip for Shoes:** After your session, stuff your wet climbing shoes with old newspaper and hang them up in the shade (not in the direct, blazing sun, as the heat can melt the rubber glue). This ensures they are ready to go again the next day!

💧 **A Note on Water Bottles:** We purposefully left a reusable water bottle off this list. Since tap water in Mallorca is not safe to drink, you will need to buy bottled water anyway. You can simply reuse those store-bought plastic bottles as lightweight water containers for your climbing and DWS sessions.



If you do not have any of these **equipment**, please fill out this form and sent it to info@verticaladventures.at or via whatsApp to +43 670 60 25 468.

I, _____ need the following equipment:

☐ **Climbing Harness:** Size _____ (S,M,L,XL)

☐ **Chalk Bag & Chalk**

☐ **Climbing Helmet:** Size _____ (S,M,L,XL)

☐ **Optional Climbing Rope & Quickdraws**

☐ **Belay Device:** _____ (which one can you handle)